



News Letter

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SAFEGUARD THE DOCTOR'S AND HOSPITAL'S HONOR







IMA TNSB – International Womens Day Celebration at Coimbatore on 07.03.2021































Dear friends,

It gives me great pleasure to write you once again as your State President. There has been a lot of happenings since my last letter to our TIMA edition.

On 21/02/21, I attended the leadership orientation program at Nagapattinam for the office bearers of east and south zones. On the same day I attended the installation ceremony of new office bearers of IMA Tiruvarur.

On 23/02/21 I went to Chennai with regards to our land acquisition. On the 27&28th February 2021, I was in Courtallam to preside over the management committee meetings of FSS, PPLSSS including their trust board meeting and NHB along with FSC which was held on 27/02/21.

In the just concluded PPLSSS management committee meeting it was decided to enhance the premium paid , by one thousand (Rs. 1,000/-) to raise the compensation from five lakhs to ten lakhs and by two thousand rupees (Rs. 2,000/-) to raise the compensation from ten lakhs to twenty lakhs , keeping in mind the rising compensation level. In the same meeting it was resolved to appoint two past office bearers of PPLSSS to it's trust board and the names will be announced in the state council meeting. It was also resolved to extend the period of Dr. Thangamuthu as legal chairman for one more term. He has been requested to train one or two members in the art of replying the notices served.

I was overwhelmed by the affection and hospitality shown by IMA Courtallam. I thank the office bearers and members of the host branch.

On 02/03/21, I again went back to Chennai for site visit and scrutiny of application for the election of Office bearers to FSS and PPLSSS . I am happy to inform you that the office bearers were elected unanimously and the new teams will be announced in the forthcoming state council meeting. At this juncture I want to congratulate the outgoing office bearers of the schemes for the stupendous work they have done in the most difficult situation and wish that the new team will continue the good work that has been done so far.

I will be failing in my duty if I don't mention about Dr. Thangamuthu, our legal committee chairman.

He has replied to nearly 245 notices and has lost only five of them. The compensation has never been more than five lakhs. Kudos to you Dr. Thangamuthu, we are proud of you.

On the same day we had a meeting of the fact finding committee and I along with other office bearers met the auditor and our advocate with regards to speeding up the investigation.

On 07/03/21, I visited Coimbatore to participate in the state level women's Day celebrations and I thank IMA Coimbatore for hosting such a wonderful program.

On 09/03/21, I went back to Chennai for a multitude of jobs. Along with Dr. Muthurajan I visited the change of site offered by the health ministry and it's better than the previous offered site. Later I joined Dr. Sridhar and Dr. Ravi Kumar in the advocate office to discuss the submission of documents as required by the investigation

State President Message

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officer of central crime branch. Along with our state secretary I met the labour commissioner Mr. Vallalar to discuss the difficulties faced by our members with regards to minimum wages and requested him to write to his officers to stick to the latest GO116 until the committee report is released.

He was very sympathetic and assured to help. On 10/03/21 I participated in the webinar of our AMS program.

On 12/03/21, we had a zoom meeting of the fact finding committee along with the auditor and advocate, in which it was decided to send Dr. Sridhar and Dr. Ravi Kumar immediately to Chennai to coordinate with the advocate and auditor to collect and consolidate the documents to be submitted to the police.

On 13/03/21, I presided over the webinar meeting of IMA Chennai South and IMA Metro on women empowerment. That evening I was in Pollachi to participate in their installation ceremony where the national president Dr. JayalaI, myself and Dr. Raja were felicitated. I wholeheartedly thank the office bearers and members of IMA Pollachi under the guidance of Dr. Thangamuthu for their show of affection and hospitality.

On 14/03/21, I attended the webinar hosted by IMA Poonamalle High road. On 18/03/21 I participated in the webinar hosted by the Academic and Research Committee.

I attended the vaccine review committee meeting held in Chennai on 19/03/21. I also participated in the TB Quiz program sponsored by IMA Tirupur.

I look forward to meeting you all in the forthcoming state council meeting and annual general body meeting to be hosted by IMA Gobichettipalayam.

The executive engineer of PWD has allocated a prime land at the King's institute, Chennai and we have agreed to take it up. Soon we'll arrange a visit to the site for the leaders. I'm pleased to inform you that the file for providing solatium to Covid martyrs is with the commissioner of disasters management and we expect a positive news soon.

LONG LIVE IMA!



State Secretary Report

Dr. A.K. Ravikumar

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Covid vaccination: Proud and Happy to note that our State and National Presidents took the First Shot of COVID Vaccination in the presence of Honbl CM on the first day of State wide vaccination. It is a great Pride that our Honble Minister for Health Dr.C.Vijayabaskar took Vaccination as an IMA member and not as Minister. Many Healthcare workers have come forward to take the vaccine and many thanks to the Hospitals who have come forward to Vaccinate the Public as part Public Private Partnership.

- ► Two lakhs IMA TNSB Solatium for a tune of 64 lakhs given to the legal hair of deceased Covid warriors as on date and the Solatium will be stopped from March 31st and applications received before 31st March only will be accepted.
- ▶ Current status of Rs. 25 Lakhs solatium for the families of the deceased Private Covid Warriors by Govt of TN is, the Individual 35 Deceased warriors list has been forwarded to the Finance department for Sanctioning by DMS. Thanks to Government of Tamilnadu, Principal Secretary Health and DMS for their help and gesture
- ► VARIOUS HEALTH RELATED PROJECTS OF GOVT. & WORLD BANK IN WHICH IMA TNSB IS ALSO A PART.
- ► TN State Health Policy Vision 2030 to build an ecosystem for quality with multi stakeholder involvement & strengthen the health system at all levels of care.
- ▷ Tamil Nadu Quality Enhancing Structured Training (TAN-QuEST) A Program to provide sustained comprehensive professional development through standardized Training Modules.
- ▶ Prevention and Management of NCDS.

Took part in the TNHSRP - Supported by World Bank - State Level Release of Strategy Documents Function where Principal secretary Health was the Chief Guest and he applauded the role of IMA in quality care. We have put forward to involve and train all our private Health care personals in various quality health care.

ELECTION:

- ▶ As Returning officer coordinated with the Election Commission in conducting the IMA PPLSSS and IMA FSS elections smoothly and results will be declared in the forthcoming SCM. All office bearers are elected unanimously. Congratulations to the Out Going Team of PPLSSS under chairmanship of Dr.K.Thangamuthu, Secretary Dr.Nehru and FSS team under the Chairmanship of Dr.C.Thangamuthu, Secretary Dr.Madhavan for their excellent way of sailing the Boat during the hard days. Best wishes to the New Team.
- ▶ This year being the State Election year updating of the membership with their communication details is a must and to be completed before July 15th of the Year. Please update your life membership number, mobile number, e.mail id with other details either to your branch (or) through the attached Google form: https://forms.gle/gL6pELNp5pHxby6v9. Unless you update your Mobile number/ E mail you may not be able to vote

STATE LEVEL WOMENS DAY CELEBRATION

- ▶ Congratulations to the Chairman / Secretary and their team for their committed involvement in supporting the Host Branch Coimbatore office bearers and women drs team who organized the Event in a very Grand manner with Novel Ideas of involving all categories of women achievers across the state and recognizing them with State awards, conducting competitions etc.
- ▶ Based on the Years theme of Choose to Challenge Screening the women for Cancers has been taken up as challenge by them.
- ▶ Dr.Karthick prabhu, Dr.Rajeshbabu and their Team conducted the program excellently.

HAIR DONATION:

- ▶ Congratulations and Hearty thanks to all the women doctors, Medical Students who came forward to donate their Hair to help providing wig for Chemo patients free of cost a Novel Humane service project initiated by Coimbatore Branch which will be a continuous year long program.
- ▶ Tirupur branch went one step ahead and with the help of Rotary club and other associations made a world record in Hair Donation with 1113 donors , with 78.2 kgs of

hair and forming the Cancer LOGO with donated hair.

► Hats off for the novel ideas and commitments MANAGEMENT COMMITTEE MEETING:

▶ Had FSC/ and management Committee meetings of PPLSSS and FSS on 27th and 28th February at courtallam. Appretiations to Dr.Ragavendra, Dr.Balaji, Dr.Abdulajeis and their team for enjoyable Hospitality. We had very fruitful discussions for the improvement of the Association and welfare of the members.

VICE PRESIDENTS:

- ▶ We are gifted to have excellent committed VP'S Dr.Malliga, Dr.Maragathamani, Dr.Dhanapal, Dr.Kesavan for the 4 Zones. Every one did excellently well coordinating with all their zonal branches and guiding them in all activities.
- ▶ With such commitments we are sure that we will be delivering the goods needed to all and IMA TNSB will stand high in entire nation.

GUEST HOUSE

▶ Our Guest houses at Tank Bund road, JVL Plaza, and Tambaram are doing well and giving best service possible at very economical charges for our members. Please make use of them when you visit Chennai.

REACHING THE PUBLIC.

▶ We as doctors are doing yeomen service to the public round the clock which goes unnoticed. People are in the impression that we make money and are affluent but he state is not so. We work more than 16 to 18 hrs a day but the returns we get is not proportionate. It is time that we make the people understand that. Please write articles, messages about the Healthcare professionals dedication in social media, books, newspapers etc. We should see to it that this year Doctors day should be celebrated by the Public organizations across the state

Our sincere thanks to our National president Dr.J A Jayalal for involving nearly 30 of our leaders in various national level committees with the hope that the maximum out come will be given by us. We assure to give the maximum for the benefits of the Association, members, public.

Joins hands we will Win.

Visit: www.imatn.com for information and updates.



Dear Colleagues and Friends,

Warm greetings from your President Elect. March 1st celebrated as Zero Discrimination Day globally every year so that everyone lives life with the dignity regardless of age, gender, ethnicity and other features of the body. We, the members of this great Association also work together as a family irrespective of the above noted points. Success of our Association, what we have achieved or what we are going to achieve depends on the united efforts of our members without any discrimination throughout the Nation. The fight against Mixopathy by our IMA Members throughout India as per the instruction by IMA Hars and executed by State Branches is really a great achievement. We have to be proud of ourselves since our State is the forerunner in many ways of agitation like Bike Rally, short Film Contest, awareness songs composed and sung by our Doctors and so on.

Another great event in March is International Women's Day Celebration. Our Women Doctors Wing in all the Branches celebrated the event in a meticulous way and recognised the services of the Women Doctors in their Branches with Medals, Certificates and Shields. International Women's Day celebration of our Tamil Nadu State Branch was conducted on 7th March at IMA Hall Coimbatore hosted by Coimbatore IMA Branch. It was a great event well organised by Coimbatore Branch and everyone appreciated the function. Along with me, our State President Dr P Ramakrishnan. IPP

Dr C N Raja, State Secretary Dr A K Ravikumar, Vice President Dr Mallika, National WDW Chairperson Dr L Yasodha, State WDW Chairperson Dr Chitra and WDW Secretary Dr Narmada participated and recognised nearly 100 Lady Doctors with Awards for the exemplary work they have done for the society. Appreciation and thanks to PST Team Coimbatore DR Rajesh Babu, DR Priya, Dr Koshalram and WDW of Coimbatore Branch Dr Nalini and Dr Sowmya Vadana for the efforts they have taken. Special thanks to Dr Karthickprabhu

Dr. R. PALANISWAMY

STATE PRESIDENT ELECT

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for coordinating the event.

Leadership Orientation Seminar for East and South Zone Hybrid meeting was held on 21st February. Good arrangements done by IMA Nagapattinam Branch. Useful seminar to the Office Bearers and I had the opportunity to interact with them regarding Goal setting. On 22nd February I have inaugurated an Eye Hospital, Meera Eye care centre at Hosur and many IMA Members of Hosur participated.

Finance Standing Committee meeting, PPLSSS Management Committee meeting, FSS Management and General Body meeting and NHB Management Committee meeting held on 27th and 28th February at Courtallam. IMA Courtallam Branch has done elaborate arrangements and we never forget the hospitality of the President Dr Ragavendra Asranna and Secretary Dr Balaji and all the members. As the Chairman of the Finance Standing Committee along with the members of the FSC gone through all the account statements submitted by the concerned office bearers and clarifications got wherever needed. I was the Chief Guest for the Installation function of IMA Palani Branch on 28th evening. President Dr Geetha Subburaj and Her Team installed in a grand family get together event.

President, Hon Secretary, Finance Secretary and myself along with IPP and members of Project Committee visited the site in Kings Institute Guindy at Chennai on 2nd March. Elections for the PPLSSS and FSS were completed without any contest and we are all eagerly waiting for the results to be announced at SCM Gobi. Please concentrate on

the State projects announced by State President for this year. On 13th March attended the meeting of IMA Pollachi and felicitated the newly installed President Dr Tirumurthy and his Team. Well organised meeting attended by many Doctors.

Thanks to our National President Dr J A Jayalal for nominating me as the Chair man for IMA Hqrs Blood Bank Committee and I request the Branches to come forward to start the Blood Banks in association with Lions and Rotary and other NGOs.

Unity is our strength. Long live IMA.



State Finance Secretary Message

DR. N.R.T.R. THIAGARAJAN





Dear Friends and Colleagues,

It was a very busy month with a lot of meetings. A short glimpse into the financials of last year Jan 1st 2020 to dec 31st 2020 and the detailed income expenses will be shared with all in the State Council Meeting. Nothing that is extra ordinary has been spent but our income has come down due to reduced membership maybe be attributable to the covid situation and sincerely hope that it will pick up this year. The NATCON was self reliant and no expense on that front from the state office. We'd like to thank all those who donated for the same. The audited financial statement and the tax returns have been filed for the financial year till March 2020 and will be submitted in the AGM in Gobichettipalayam.

Keep safe and get vaccinated at the earliest. Thanking you!

Yours in IMA Service Dr. NRTR THIAGARAJAN

IMA STATE OFFICE IS COLLECTING **DATAS ON VARIOUS ISSUES**

- 1. Health care professional Martyrs list https://forms.gle/8PnxcZRgc7gCyCcN8
- 2. Members who wish to accept TIMA News Letter (Save Paper Save Tree Save Money Project) as soft copy (e-TIMA) - https://forms.gle/5Ns1ZFNypyu2dwHA8
- 3. IMA Tamil Nadu State Branch GO GREEN Easy Planting Project Link https://forms.gle/ZKv9CWdizUm8Sx4a8
- 4. Contribution to IMA COVID Martyrs Fund https://ima-india.org/ima-covid-donate/
- 5. IMA TNSB Members Database Updation https://forms.gle/gL6pELNp5pHxby6v9

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State Secretary Office for Communication

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ach year we celebrate International Women's day on March 8th. This day was specifically chosen Internationally as it was the first time Women in Soviet Russia gained their right to vote in 1917. What was just celebrated by communist countries. As this movement spread across the

world, it started gaining momentum. Since United Nations gave its approval International Women's day has been celebrated across nations and it marks the day to celebrate the spirit of Womenhood.

This year theme of the Women's day is #choosetochallenge. Challenges come across to all of us, but only the bravest choose to challenge. When we choose to do certain thing, passion and dedication comes along. The idea of giving the theme was to make the world a gender equitable world in the post pandemic period. Women had beautifully stood equally to hold the world when it underwent a myriad of changes and challenges during the pandemic. Hence, it is only right that she chooses to



Dr. Narmada Secretary Women Doctor's Wing IMA TNSB

challenge for a world with equal opportunities.

Some of us do have in our mind, that the Women's day is actually more one sided and increasing the importance of only women, Unfortunately, most of the men have commented that they also need Men's international day. This

is not true, as women still faces discrimination. Across the globe, there are still differences in the salaries offered, women are sneered when they opt for higher posts in organizations, women are not given choices in running the household. The unpaid and undocumented work of women in home like cooking, cleaning, running errands, taking care of younger siblings goes unnoticed and unappreciated. Working women are multitasking and several cases of severe depression and suicide still is happening in the society. Hence, it is imperative that we do our part in voicing out for gender equity.

We need to #choosetochallenge the gender discrimination

Several of our women are also dying from

cancer. Breast cancer with 1.5 lakh new cases detected every year and cervical cancer with 1 lakh new cases detected every year are the first and third most commonest causes of cancer in India and both these are taking a heavy toll on them. However, both these cancers are easily preventable and vaccine is available for prevention of human papilloma virus (HPV) which can significantly reduce the burden of cervical cancer. Inspite of this we still do not voice out and do our bit to help prevent breast and cervical cancer

We need to #chooseto challenge the spread of cervical and breast cancer in India

Every year India records around 1,50,000 cases against children of which 31.2% are



under the POCSO act. Most of them are happening in our immediate neighborhood and crimes are committed by the relatives of the children whom these innocent small humans have trusted. Though the law has been in force since 2012, still we are not able to do our part in establishing a one stop center for the abuse victims and most of cases are not brought for justice within the stipulated time. Apart from getting media attention and some talks in closed doors, India is yet to develop a robust system to penalize the criminals under the POCSO act. We know the facts, yet we have not voiced for bringing a stricter and immediate action for POCSO act which will bring down the sexual crime against children

We need to #choosetochallenge to bring a safe society to our girl children.

The list is endless and still we are a long way to bring gender equity. It will also be our pleasure to stop celebrating International women's day when we see an end to gender discrimination, when we have given a healthy life style to our women, when we have given a safe and secure life to our girl children.

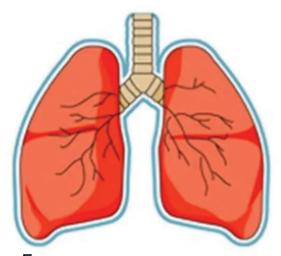
IMA has spear headed in all women and child health related issues. They have been called to be on the decision-making committee on several of the policies that impacts the women and child care. We from women doctor's wing have taken up to challenge cancer and our members are very active in conducting awareness and cancer screening programs across the state. Hence, we are very sure that we will double our efforts as an organization and #choosetochallenge the problems that plague our women gender.



உலக தூக்க தீனம் – மார்ச் 19

- தூக்கம் வாழ்க்கைக்கு மிகவும் இன்றிய மையாதது.
- தூக்கப் பிரச்சினைகள் நிறைய நோய்களுக்கு ஆரம்பம்.
- ஆரோக்கியமான தூக்கத்திற்கு முதல் வழி, நமக்கு நல்ல தூக்கம் வேண்டும் என்ற எண்ணம்தான்.
- சீக்கிரம் படுக்கைக்குப் போய், சீக்கிரம் எழுந்து பழகுவது நல்லது (நமது படிப்பு, தொழிலுக் குத் தகுந்த மாதிரி சில மாற்றங்கள் தவிர்க்க முடியாதுதான்).
- எத்தனை மணி நேரம் தூங்கினால் நமது அடுத்த நாள் செயல்பாடுகள் பாதிக்கப்படா மல் இருக்கிறதோ, அவ்வளவு மணி நேரம் தூங்க வேண்டும்.
- படுக்கை அறை சுத்தம், வெப்பநிலை, சத்தம், வெளிச்சம் - தூக்கத்தைப் பாதிக்கும்.
- தூங்குவதற்கு இரண்டு மணி நேரத்திற்கு முன்பே சாப்பிட்டு முடித்துவிட வேண்டும். காபி, டீ நான்கு மணி நேரத்திற்கு முன்பே எடுத்துக்கொள்வது நல்லது. பால் அருந்த லாம். தூங்கப் போவதற்கு முன்பு நிறைய தண்ணீர் குடிப்பதைத் தவிர்க்கவும். நடு இரவில் சிறுநீர் கழிப்பதற்காக விழிப்பு வரலாம்.

- தூக்கப் பிரச்சினை உள்ளவர்கள் பகல் தூக்கத்தைத் தவிர்க்கலாம்.
- தூங்குவதற்கு முன்னால் மனதை 'ரிலாக்ஸ்' செய்யலாம் (பாட்டு கேட்பது, தியானம், புத்தகம்... அவரவருக்கு எது ஒத்து வருகிறதோ, அதைச் செய்யலாம்)
- டி.வி., கணினி, செல்போன் பயன்பாட்டைத் தவிர்ப்பது நல்லது.
- காலை, மாலை உடற்பயிற்சி நல்லது. ஆனால், இரவு நேரத்தில் கடினப் பயிற்சி, துரித வாக்கிங் தூக்கத்தைப் பாதிக்கும்.
- மன அழுத்தம் தூக்கத்தைப் பாதிக்கும்.அதனை எப்படிக் குறைப்பது?
- தியானம், யோகா, மனம் விட்டுப் பேசுவது, பிரச்சினைகளுக்கான தீர்வுகளைக் கண்டு பிடித்தல்.
- கவலைப்படுவதற்கென்றே (தீர்வுகளைக் கண்டுபிடிப்பதற்கும்) தினமும் ஒரு குறிப் பிட்ட நேரத்தை ஒதுக்கலாம்.
- பகலில் கண்ட்ரோல் இல்லாமல் தூங்குவது, சத்தமாக குறட்டை விடுவது இவையெல்லாம் இருந்தால் 'Sleep Apnea' வியாதியாகக் கூட இருக்கலாம். உடனே மருத்துவரை அணுகவும்.
 - நன்றி: இந்திய மருத்துவச் சங்கம், ஆத்தூர் கிளை





Each year, we commemorate World Tuberculosis (TB) Day on March 24th to raise public

awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic. The date marks the day in 1882 when Dr.Robert Koch announced that he had discovered the bacterium that causes TB, which opened the way towards diagnosing and curing this disease.

TB remains one of the world's deadliest infectious killers. Each

day, nearly 4000 lose their lives to TB and close to 28,000 people fall ill with this preventable and curable disease. Global efforts to combat TB have saved an estimated 63 millions lives since the year 2000.

The theme of World TB Day 2021-"The Clock is Ticking"- conveys the sense that the world is running out of time to act on the commitments to end TB made global leaders. This is especially critical in the context of the COVID-19 pandemic that has put End TB progress at risk, and to ensure equitable access to prevention and care in line with WHO's drive towards achieving Universal Health Coverage.

The COVID-19 pandemic is in its second year and is unfortunately taking increasing medical

resources and attention away from providing necessary life saving diagnosis, medicine and care

to people suffering from tuberculosis (TB). Alarmingly, in low and lower middle-income countries, TB remains the biggest infectious disease killer. We have now less than two years left to fulfill our promises and take action on the commitments made at the United Nations High-Level Meeting on TB in 2018 so, The Clock is Ticking. With this theme, the Stop TB partnership and all partners are

sounding the alarm that while World TB Day-more information on how you can take part in this exciting social media challenge will be shared at the official launch on 24 March.

Testing- there are two kinds of tests that are used to detect TB bacteria. The TB skin test and TB blood test (Quantiferron TB Gold assay). A positive TB skin test or TB blood test only tells that a person has been infected with TB bacteria. It does not tell whether the person has latent TB infection or has progressed to TB disease. Other test, such as a chest x-ray and a sample of sputum, are needed to see whether the person has TB disease.

Diagnosis- If a person is found to be infected with TB bacteria, other tests are needed to see



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and Ayanavaram Branch

if the person has latent TB infection or TB disease. Now a days we are performing Gene X-pert MTB test (CBNAAT) in all samples like sputum, pleural fluid and lymph node tissue etc to diagnose and to rule out Multi Drug Resistant TB. In India TB is sometimes overdiagnosed because the lung cancer symptoms and sings can mimic TB symptoms and signs. So the specimens to be tested appropriately before the treatment.

Treatment Regimens for Latent TB Infctions (LTBI) - there are several treatment regimens recommended in the United States(CDC) for latent TB infection. The medications used to treat latent TB infection include the following.

Isoniazid (INH)

Rifapentine (RPT)

Rifampin (RIF)

Centre for Disease Control (CDC) and the National Tuberculosis Controllers Association preferentially recommend short course, rifamycin based,3-or 4-months latent TB infection treatment regimens over 6 or 9 moths isoniazid monotherapy. Short course regimens include:

Three months of once weekly isoniazid plus rifapentine (3HP)

Four months of daily rifampin (4R)

Three months of daily isoniazid plus rifampin (3HR)

Short course treatment regimens, like 3HP and 4HR, are effective, safe, and have higher completion



rates than longer 6 to 9 months of isoniazid monotherapy. Shorter, rifamycin-based treatment regimens generally have a lower risk of hepatotoxicity than 6H and 9H.

All TB disease patient are treated with standard regimen of Anti TB Treatment using 4 drugs in the intensive phase for 2 months and 3 drugs in continuation phase for 4 months in the dosage of 5 mg per kg of isoniazid, 10 mg per kg of rifampicin, 20 mg per kg of ethambutol and 25 mg per kg body weight of pyrazinamide along with vitamin B 6 supplementation. All the MDR and XDR TB patients are referred to dedicated TB centre for proper evaluation and treatment.

Conclusion: Tuberculosis is a number one infectious killer disease but TB is a preventable and curable disease. Tuberculosis is a notifiable disease. Meticulous screening and contact tracing and treatment adherence, health education about diet and cough hygiene are all important.

IMA TNSB GUEST HOUSE



Doctors Colony, Off. Mudichur Road, Via-Bharathi Nagar , 1st Main Road & Jothi Nagar 9th Street, West Tambaram, Chennai – 45. Email:imatnsbguesthouse@gmail.com

 $Good spacious 7\,Rooms\,with\,Air-condition\,\&\,TV.\,Hot\,Water\,round\,the\,clock.\,2km\,from\,the\,Tambaram\,Railway\,Station\,\&\,Bus\,Stand\,With\,new\,easy\,approach\,Road.$

FOR BOOKING CONTACT: IMA TNSB Guest House

Chairman Dr. V. Saravanan: 9840026265 Secretary Dr. Vaibhav Suresh: 9840084257

@ Rs.1200/- for Double bed room / @ Rs.1700/- suit Cash/DD/Cheque in favour of IMA TNSB Guest House



INDIAN MEDICAL ASSOCIATION TAMILNADU STATE BRANCH

FINE ARTS COMMITTEE

We are proud to say that the Fine Arts Committee is one of the most active IMA TNSB standing committees . Usually the Fine Arts committee will swing into action only during the Zonal and State level fine arts competitions. This time we decided to take the plunge straightaway.

We have started

- (1) a Facebook Group exclusively for IMA TNSB Members who are interested in various types of finearts https://www.facebook.com/groups/731219591109495
- (2) a Facebook public page- https://www.facebook.com/IMA-TNSB-FineArts-106264374766908 for exhibiting various finearts skills of Doctors who are members of Tamilnadu State Branch of Indian Medical Association
- (3) a Youtube channel https://www.youtube.com/channel/UC551bdRoOX9jqPxidcY7ABQ

All these Social Media channels were initiated and being moderated and monitored by the current IMA TNSB finearts secretary Dr. J.C.P. Prince

The Facebook group currently has 126 members and many members are showcasing their talents on this virtual stage.

Please Visit - https://youtu.be/vCEwForUwbw to get an insight into IMA TNSB FINEARTS FACEBOOK GROUP

The Finearts group has sofar created 3 songs for public awareness about the evils of mixopathy and all were well received by the public. Collectively they have crossed about 10000 views so far.

Links for the songs:

https://youtu.be/v5OuzpAt2RA • https://youtu.be/rPnggitqNB0 • https://youtu.be/Km77g_HB6lw

The team involved in creating these songs include Doctors from various IMA branches viz.

- Dr. M. Maheswaran (IMA Coimbatore), Dr. Rajendran (IMA- Chennai NAAM)
- Dr. Thambaiah (IMA- Cuddalore), Dr. Bharathi Bavaharan (IMA- Tiruchirapalli)
- Dr. Banu Rajasekaran (IMA-Tuticorin), Dr. Sankara Venkatesan (IMA-Valliyur)
- **Dr. Sowmya Varun** (IMA-Coimbatore)
- **Dr. Veena Balamurugan** (IMA Ambattur-Avadi) & **Dr. J.C.P. Prince** (IMA- Erode)

Hoping to build friendship and camaraderie among IMA TNSB doctors through finearts activities.

IMA TNSB FINE ARTS COMMITTEE 2021

Name	Branch	Zone	Phone	Email
Dr. Malliga Kulandaivel (Advisor)	Namakkal	West	9442220685	mallivel1955@gmail.com
Dr. L.Yesodha (Chairman)	Tambaram	North	9884134495	loganathanyesodha@gmail.com
Dr. J.C.P. Prince (Secretary)	Erode	West	8667543653	jcpprince@gmail.com
S	TANDING (COMM	ITTEE MEM	IBERS
(Zonal Co-ordinators)				
Dr. Sridhar	Tiruchirapalli	East	9789333660	drsridharmani@gmail.com
Dr. Bavaharan Rajalingam	Tiruchirapalli	East	9789455600	bavaharan@gmail.com
Dr. Mahalakshmi	Dindigul	East	9786041477	maha97860@gmail.com
Dr. S. Karuna	Coimbatore	West	9894784400	drkaruna.ksp@gmail.com
Dr. M. Maheswaran	Coimbatore	West	9843162195	drmmaheswaran@gmail.com
Dr. Prabhuram	Tirupur	West	9789599899	drpraburam@gmail.com
Dr. Saraswathi Vijayakumar	Erode	West	9842849575	sarasgeethu@gmail.com
Dr. Pradeepkumar	Hosur	West	9944678484	drpradeep007@yahoo.com
Dr. Sankara Venkatesan	Vallioor	South	9443121365	drbsankar@yahoo.com
Dr. Sivakumar	Madurai	South	9443724680	orthosiva@gmail.com
Dr. Jeyakumar	Madurai	South	9443139161	bjkortho_adithya@yahoo.com
Dr. Banu Rajasekar	Tuticorin	South	9843121136	banurajjd@gmail.com
Dr. C.S. Sripriya	Poonamallee H.R.	North	6379463348	sripriyamicro@gmail.com
Dr. B. Kumaran	Vellore	North	9345310862	balraj.kumaran@gmail.com

Yours Sincerely,

Dr. L. Yesodha

Chairman Finearts Committee **IMA Tamil Nadu State Branch** Dr. J.C.P. Prince

Secretary Finearts Committee **IMA Tamil Nadu State Branch**



INDIAN MEDICAL ASSOCIATION TAMILNADU STATE BRANCH

SPORTS COMMITTEE

Dear Seniors and Colleagues,

Warm greetings from sports committee TNSB.

We wholeheartedly thank everyone of you for the smooth, effective and safe completion of relay bike rally between Feb 1st to Feb 13th, 2021. Our special thanks to our state secretary Dr. A.K. Ravikumar, State President, Dr. P. Ramakrishnan, Finance Secretary Dr. N.R.T.R. Thiyagarajan who initiated this idea and gave that opportunity to us.

We thank National IMA especially national president Prof. Dr. J.A. Jayalal for his cooperation in this project. We should thank each and every branch office bearers, active members who took part in this rally activities. We thank the district administration and police officials who helped us throughout the rally. We thank the supportive team like medical representatives, paramedics who actively took part in this rally. Last but not the least we thank our media people who spread this message to every corner of our State / Country. Hope myxopathy awareness reached the public in several interior towns of Tamilnadu through this rally.

- 2. The evergreen "Go green project of IMA Tamilnadu" has been initiated along with women's day celebration. We (medicos) have to reach the hearts of the public& social activists & NGOs through these like social activities. Then we will get a public army to fight against myxopathy without much efforts. We have formed whattsapp group for all four zones and interested members motivated to join in it. In this project we have three agendas
- (i) Tree plantation project activities by each and every member of all IMA branches of TNSB. Already state IMA has instructed every member to plant atleast 5 trees and to upload the photos in website created

by IMATNSB. (Villupuram branch does it every weekend for the past Two years). Credit goes to Dr. Saravanaraja and myself and like minded medical representatives.

- (ii) Initiating the roof garden project from women's day onwards by each and every member of women's wing of all branches of IMA TNSB.
- (iii) Rejunuation of water bodies project (desulting lakes, ponds etc by each branch before rainfall.

Reward points will be given for all these projects. Maximum points to Rejunuation of waterbodies then next to tree plantation then next to roof gardens. All branches to motivate their members to join whattsapp group formed for each zones/sports tnsb fb page and to post the periodical updates of their projects with photos.

- 3. IMA virtual walkathon or jogathon state wide by all women's wing members on 8th march women's day celebration were done and uploaded photos in sports committee Facebook page were done by many members.
- 4. Cricket matches held between Thirupur tigers and erode ima for cancer awareness and glaucoma awareness. &CNRaja rolling trophy match held at erode.Many branches had friendly matches within their territory.
- 5. Fitness group for IMATNSB created as advised by national sports committee member Dr. Kandasamy. Many are posting regular fitness workouts and yoga and other sports activities in it on regular basis.

The next one is planning annual sports meets in each zones and the winning team will be going for semifinals /finals. Probably we can start this around the month of june to August.

Any queries please feel free to call me.

Dr. Thirumavalavan, Chairman Sports Committee, Cell. 9443043452.

IMA TNSB SPORTS COMMITTEE

CHAIRMAN

Dr. Thirumavalavan, Villupuram- 94430 43452; drktvalavan@gmail.com

MEMBERS

Name	Branch	Phone	Email
Dr. S.T. Prasad	Erode	98427 23055	stprasadped@gmail.com
Dr. Sugumar	Virudhunagar	99655 38593	drksderm@gmail.com
Dr. A.S. Kumar	Salem	98412 28491 9486458485	kumarsengottiyan@gmail.com
Dr. Kumar Kempan	Coimbatore	98422 93246	kumarkempan@yahoo.co.in
Dr. Chidambaranathan	Chidambaram	94444 56056	cdnathan@hotmail.com
Dr. Bharathidasan	Mayiladuthurai	94442 32115	drbharathi2000@yahoo.com
Dr. E. Pratheep Kumar	Marthandam	97872 34321	dr.dheep@gmail.com
Dr. V. Sankarkathir	Tirupur	98652 46874	drsankarkathir@yahoo.com
Dr. A.S. Vivek	Hosur	97905 55575	16062014viveks@gmail.com
Dr. Johnston	Tiruchirapalli	98424 22020	vicjohn2011@gmail.com
Dr. P. Premchand	Palani	96005 38801	drpremchand@gmail.com
Dr. Durai Padmanabhan	Kovilpatti	99440 68296	duraimedico@yahoo.com















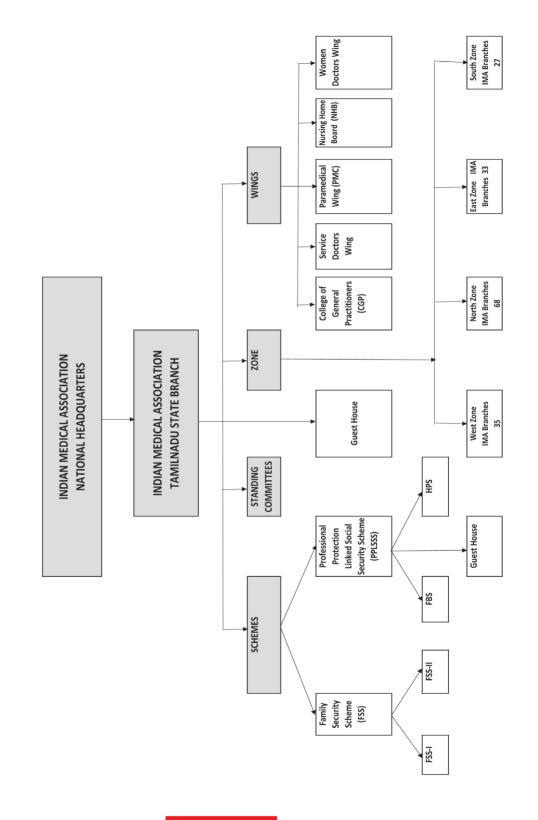


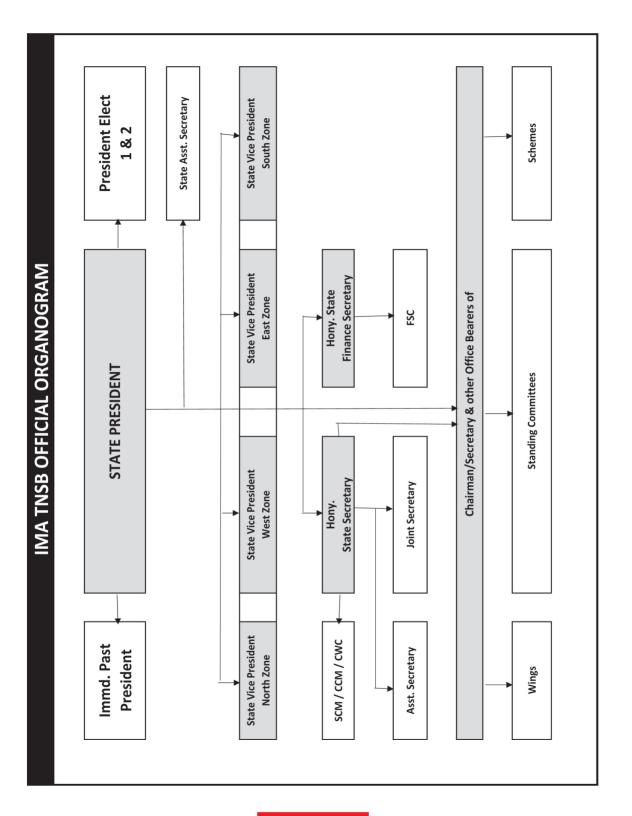




KNOW YOUR ASSOCIATION

ORGANOGRAM-INDIAN MEDICAL ASSOCIATION TAMILNADU S TATE BRANCH





IMA NURSING HOME BOARD



Dr. S.G. Balamurugan Secretary, IMA NHB 9486467768 guruhospital1@gmail.com



Dr. P. Ganesh Treasurer, IMA NHB 9894591916 drganeshlakshmi@yahoo.co.in



Dr. V. Varadarajan Convener, IMA NHB 9843191190 doctorvvr@yahoo.co.in



Dr. B. Sridhar Chairman, IMA NHB 9443326427 drsridharima@gmail.com

Dear Esteemed members.

We IMA TNSB learnt that Labour Officers in some areas insisting on the minimum wages as per the GO dated 2.3.2018, but as per the GO No- MS116

dated 16.07.2019, with the representation of Indian Medical Association, the Govt has abeyance the previous minimum wages act GO dated 2.3.2018 and has formed the new committee for revision of minimum wages for employees in the Hospitals and Nursing Homes. Herewith concerned GO is attached for your reference.

Whenever the Labour officers visited your site just shown the G.O 2019 and face them with pride.

Regarding this matter IMA Office bearers with NHB Office bearers submitted the memorandum to labour commissioner, Government of Tamilnadu and requested to the needful – restrain the district level labour officers from insisting of tenets of older GO of 2018.

The NHB TNSB had a robust quarter for October to December 2020. We had 97 renewals and 3 new registration.

Thanking You!

With Regards 'IMA NHB TEAM'

KNOW YOUR LIFE MEMBERSHIP FEE BREAKUP

Particulars	Single	Couple
	Member	Members
Hqrs Share	6571	9850
State Fund	5044	7550
LM Share	360	1000
TIMA Fund	800	1000
Action Fund	150	400
Benevolent Fund	75	200
Total	13000	20000

Life Single - Rs. 13,000/-Life Couple - Rs. 20,000/-

(Local Branch Fee would be extra)
Membership fee to be drawn in favour of
Indian Medical Association
Tamilnadu State Branch
by means of DD payable
at Coimbatore

Dear Friends, Greetings from IMA CGP, TNSB! We are presenting the following activities report:

- On March 7th, 2021 conducted contact session of IDIC - Course (South Hub) in Madurai a Hands on Training and also the CME Program IMA TNSB CGP 2021- 1.
- 2. On March 9th 2021, conducted IMA TNSB CGP CME-2021 2 via Zoom. The CME was on Acute Febrile illness in Adults and Pediatrics cases which is much useful in the current scenario.

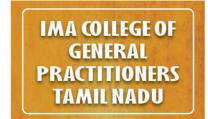
To channelize and to properly organize our IMA TNSB CGP Academic Cell courses the following decision were taken.

- The eligibility to join the CGP Academic Cell courses must be a minimum MBBS, and membership in IMA & CGP.
- One person can register in 2 courses maximum at a time without interfering with the attendance.
- One person can undergo any number of courses
- Duration of the courses will be 6 months
- All the courses will be mainly by Virtual classes and intermittent hands on training and contact classes.
- There will be a project given to each in the 4th month of the course which they have to finish at the end of 5th month.
- During the whole of training period of 6 months, a log book should be maintained by everyone, which will be assessed at the end of the 6th month.
- Total 60 hours of learning in which 48 hours online (2hours per week) and 12 hours offline (contact classes and hands on training)
- Minimum attendance to appear for the examination will be 80% including both (online & offline classes)
- There will be written (50marks), oral (50marks), clinical exam (50marks), Project submission (25marks), log book maintenance (25marks) and the total marks will be 200. A pass will be given by getting 50% in each section.
- If anybody failed and if the attendance is>80% they can reappear by paying Rs. 5,000/- as exam fees and if the attendance is <80% then they have to attend the classes again paying 50% of the total fees.

The following courses are available with us:

Professional Development Certificate in Diabetology.

Course Co-ordinator: Dr. Bhavatharini. Class Time: Every Thursday & Friday - 5 pm to 7 pm. Contact Class @





Dr. A. Govindarajan Director of Studies, IMA CGP Cell: 9443437826



Dr. R. Anburajan Faculty Secretary, IMA CGP Cell: 9442612138

Dr. Mohan's Institute. **Remarks**: 13th Batch completed. 14th Batch will be starting in Feb. 2021.

Professional Development
Certificate in Respiratory Diseases.
Course Co-ordinator: Dr. V. Nanda
gopal. Class Time: Every Wednesday
8 pm to 10 pm. Remarks: 2nd Batch
is on with 16 Students.

Professional Development Certificate in Sexual Medicine. Course Co-ordinator: Dr. M. Balasubramanian. Class Time: 2nd & 4th Tuesdays of every month 2 pm to 5 pm. Remarks: 13th Batch is on with 9 students.

Professional Development Certificate in Practical Cardiology. Course Co-ordinator: Dr. Bhuvaneswaran. Class Time: 1st& 3rd Saturdays of every month 2 pm to 5 pm. Remarks: 16th Batch completed with 20 students. 17th Batch has to start.

Professional Development Certificate in Critical Care Toxicology. Course Co-ordinator: Dr. Ganapathy. Class Time: 2nd& 4thWednesdays of every month 4 pm to 6 pm. Remarks: 9th Batch is on with 3 students.

Professional Development Certificate Reproductive Medicine. Course Co-ordinator:

Dr. Gigi Selvan. Class Time : 1^{st} & 3^{rd} Tuesdays of every month 7 pm to 9 pm. Remarks : 1^{st} Batch is on with 6 students.

Professional Development Certificate in Mental Health.
Course Co-ordinator: Dr. Paneer Selvam. Class Time:
Contact class once in 3 months for one day at Tirunelveli can be a Sunday. Remarks: 1st Batch will be started from Feb 2021.

Professional Development Certificate in DIABETIC FOOT CARE. Course Co-ordinator: Dr. A.K. Ravikumar. Class Time: Every Friday. Remarks: This batch will start with 10studentsfrom Feb 2021.

Professional Development Certificate course on Infectious Diseases& Infection Control. Course Co-ordinator: Dr. K. Neminathan. Class Time: 1st & 3rd Sunday 3 pm to 5 pm. 2nd 4th Saturday 3 pm to 5 pm. Remarks: 1st Batch will start with 25 students from 24th Jan 2021

TNMC may issue credit hours for the Doctors, on completion of the above courses and we are taking earnest steps for that.

CGP Membership fee is Rs. 1,000/- only. You can download the CGP membership form from our IMA website. Usually the course fee is Rs.25,000/- for all courses.

If you want to know other details like the course details and the activities of IMA TNSB CGP, kindly visit the Schemes & Wings page of our IMA TNSB website.

Long Live IMA! Long live our Unity!! My IMA My Home!!!

My IMA My Hope!!!! God bless us all!!!

ACADEMY OF MEDICAL SPECIALITIES TAMILNADU STATE BRANCH



CHAIRMAN
Prof. Dr. V. AMUTHAN
Cell: 9443335119
amuvee@yahoo.com

The AMS report for the month of March 2021

IMA AMS TNSB had organised the XIIth seminar on virtual mode on 10 March 2021 (Wed).

This seminar was inaugurated by Dr P Ramakrishnan, President IMA TNSB and felicitations were offered by Dr C N Raja, Immediate Past President, IMA TNSB and Vice President Elect IMA hqrs, Dr C.N Ravikumar, Hon Secretary, IMA TNSB, President Elect Dr Palanichamy and National IMA Hqrs leaders.

The topic was on Medical Education. The moderator was Prof.Natrajan, Dept of Medicine, Madurai Medical College, Madurai. He spoke in length about the guidelines that would be needed about presentation of research papers and introduced the speakers.

Prof. Thirumalai Kolundu Subramanian, emeritus Professor, The Tamilnadu Dr MGR Medical University, Chennai spoke about how to write a research paper. He spoke in detail about



SECRETARY
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gothy75@hotmail.com



JOINT SECRETARY Dr. RAJESH BABU Cell: 9360030094 svrbmch@gmail.com

plagiarism, about the modalities of writing research papers. Prof. Seetharaman, Head, Dept of Community Medicine and Coordinator, Medical Education Unit, KMCH Medical College, Coimbatore explained about "How to make a Good powerpoint". His speech was eloquent mentioning how a clinician could prepare a good powerpoint for presentations. This meeting also had Dr Arpit Ghosh, Clinical lead, Leeds Hosptials, UK who had moderated the session.

IMA AMS TNSB celebrated the World Sleep Day on 19 with very different mode of lecture called TEAM TALK . The moderator Prof. Karthigeyan, Head, Dept of ENT , MGMC RI introduced the speakers and gave an overview. Pulmonologist Dr Jayaraman spoke in details about the perspective of Pulmonologist on OSA. Dr. Vijaykrishnan, Head, Dept of Sleep Medicine, MERF, Chennai spoke about the paediatrics and OSA. Dr Arulmozhi, Neurologist spoke the relationship between Neurological aspects and OSA and Dr Neha Shah, Bariatric Surgeon spoke about the relationship between obesity and OSA and the surgical treatment for obesity.

AMS TNSB has decided to have these kind of presentations to help the doctors for their paper presentations and in future to help them in publishing their good clinical work at indexed national and international journals.







Dr. P. Senguttuvan
Chairman
IMA Paramedical Wing



Dr. S. Babu
Secretary
IMA Paramedical Wing



Dr. B. Jeyakumar

Joint Secretary

IMA Paramedical Wing

Dear Esteemed members,

Greetings, on behalf of the Paramedical wing team. The new admissions were over by the end of January . Due to the pandemic, the number of students enrolled for our paramedical courses had declined by nearly 20% than the last year. But the number of institutions conducting the paramedical courses has increased.

Due to the Covid and also our repeated protests against mixopahy our State leaders could not spare time to get our Paramedical courses recognized by any Board or university. We will continue our efforts to get our courses recognized as early as possible.

United We are, We succeed forever!



Dr. C. THANGAMUTHU FSS CHAIRMAN

Cell: 94430 22328 sailootmuthu@gmail.com

Dear Dear colleagues of IMA TNSB and brothers and sisters of FSS, Warm greetings to you all.

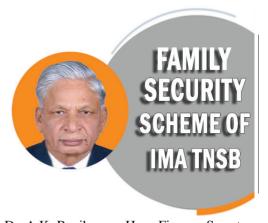
We sincerely thank all the members of FSS for your cooperation and support during our term of office -2019 to 2021, and also for giving us the opportunity to serve as office beaarers of FSS. As a team, we have done our work to the best of our ability for the safety and stability of our FSS scheme. We faced the unprecedented difficult situation due to two fold increase in the demise of our members and corresponding increase in DFC payment. Fall in the new cases of covid and arrival of vaccine gives us new hope. Since last 2½ months from 01.01.21, we had only 7 DFC claims, which we think is an indicator of ease of strain on FSS during 2021.

One cannot hope China will keep things as it was when Covid-19 broke out in 2019 from Wuhan. So it is no wonder WHO team could not find out the source of Covid -19 virus. Recently declassified documents of infamous U.S. Ex-President Nixon and his Secretary of State, Kissinger, show how their wrong foreign policies made communist China to enter the powerful U.N.Security Council. Also their role in India-Pakistan war of 1971. The whole world is suffering from it.

We have conducted 67th Management Committee Meeting and Annual General Body Meeting on 28th February 2021 at Courtallam. We thank IMA Courtallam Branch President Dr. Raghavendra Asranna, Hony. Secretary Dr. T. Balaji and members of Courtallam branch for their hospitality and wonderful arrangements. It was decided to conduct a meeting to review of the working of FSS-I after June 2021. We have honored the members who have worked for promotion of the scheme.

Analysis of working of FSS shows that the membership remains sturdily around 9,500 since last 5 years showing the confidence of the members in the scheme. We have to make the remaining non-FSS – IMA Members realize that it is a scheme to show the benevolent brotherly attitude to the family of our colleague, on his death.

We are thankful to our IMA TNSB President Dr. P. Ramakrishnan, Past President Dr. C.N. Raja, President Elect 2021 Dr. R. Palanisamy, Hony. State Secretary



Dr. A.K. Ravikumar, Hony.Finance Secretary Dr. N.R.T.R. Thiagarajan and other office bearers for their guidance and support during our term of office. We thank our senior members of FSS Trust for their advice and guidance. I thank our Hony. Secretary of FSS Dr. V. Madhavan, Hony. Finance Secretary Dr. K. Soundararajan, Vice Chairman Dr. Abdul Khuddose, Joint Secretaries Dr. S. Ganesan, Dr. A.R. Sampath, and all District coordinators for their help and advice during said period. We wish all the best for new office bearers who will be taking over the office from April 2021.

Yours Sincerely

- Dr. C. Thangamuthu, Chairman FSS

CLAIM PAID-IMA ERODEBRANCH



IMA Erode Branch President
Dr. S.T. Prasad, IMA Past State President
Dr. S.S. Sukumar, Hony. Secretary of FSS
Dr. V. Madhavan, Finance Secretary of
FSS Dr. K. Soundararajan, Erode Branch
Secreary Dr. S.A. Senthilvelu
Presenting DD of Rs. 18,00,000/to the nominee Mrs. Pushpavathy
W/O Late Dr. M. Rangaswami
(FSS I # 1960), member of IMA Erode
Branch. Date of Death - 11.01.2021.



Dear Colleagues, Warm Greetings from FSS of IMA TNSB,

The 26th due collection of FSS I is progressing well and till date we have received AFC from 4700 members. Unfortunately, despite much efforts, we could not convince and retain 41 members of FSS I and have to delete them for nonpayment of 25th Due after having sent the final notice by Registered Post with acknowledgement card.

In this year we have paid for 7 claims so far in FSS I and hope the disastrous Covid effect doesnot have a 2nd wave this year. amalgamation of public sector banks and changing software has impacted the DD / Cheque clearance very badly and many DD's from Bank like Union Bank are returned as connectivity failure. We are making efforts to represent and have it cleared. The Finance Standing committee Meeting and the FSS Management Committee Meeting were held at Courtallam last month end and we had fruitful discussion regarding the welfare and growth of our Scheme. The AFC collection connot be a fixed amount every year, it is dynamic and a function of the number of claims that have to be given. The inflow by AFC collection has to match the outflow in terms of Death Claims given. Our FSS Scheme is an amazing Scheme of the Doctors, to the Doctors for the benefit of the Deceased Doctors Family. Till today FSS has contributed to 858 Families to the tune of around Rs. 133 Crores.

The income Tax returns for this



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Dr.K.SOUNDARARAJAN
FSS TREASURER
Cell: 9786198333
drksoundararajan@gmail.com

financial year has been submitted on time and have also paid our Advance Tax on time.

The working as Secretary of FSS of IMA TNSB has been a wonderful learning experience and the past 2 years have been memorable. I am Thankful to each and every member for giving me the wonderful opportunity - a wonderful, challenging and at the same time a great opportunity to serve our members. Thanks to Dr. C.N. Raja Imm. Past President for his mentorship and guidance. Dr. P. Ramakrishnan our President and then IAC Chairman for his encouragement which instilled a self belief in myself. Dr. A.K. Ravikumar and Dr. N.R.T.R. Thiagarajan for their kind support. Dr. J.A. Javalal our National President for his wholehearted encouragement. Our Trustees, Chairman Dr. T. Sadagopan, Dr. S. Damodaran, Dr. K. Prakasam for their visionary ideas and leadership. Thanks to Vice Chairman Dr. Abdul Khuddose. Thanks to our Joint Secretary Dr. S. Ganesan & Dr. A.R. Sambath with whom I have discussed hours about the way forward. Our IAC Team, Dr. D. Chandrasekaran, IAC Chairman & Dr. M.K. Ponnurai were there for their ideas for the welfare of the Scheme.

I will be failing in my duty if I don't Thank the Vibrant MC Members who were always there to motivate members for joining the Scheme & to encourage them to pay on time. Dr.

Kamala Kannan & Dr. Boopathy John with their motivational approach took it upon themselves to do their very best. Thank You so Much. Our Treasurer has always been my well wisher, Trusted guide and Rock like support throughout our tenure. My Sincere Thanks to you, Dr. K. Soundararajan.

Our Chairman, Dr. C. Thanga muthu, has been an amazing leader. a fatherly figure, strict but at the same time, willing to hear others ideas. Always shouldering the responsibility to the fullest. Helping, encouraging and always thinking of novel ideas for the betterment of the Scheme. The Review meetings which are held every month, without fail; his brain child was the single most important activity which has helped come up with solutions to the day to day challenges of our office. A simply amazing person, Thank You, Sir Our Auditors both at Erode & Trichy were very helping and timely in their presentation. Took keen interest in our work. Thank You. I will failing in my duty of I don't recognize the efforts of our all office staff, who were hard working, punctual, and sincere. Very polite to the telephonic enquires from our members. Thank You and Thank you once again for providing me with this, Once in a lifetime opportunity to be part of this great organization. I wish the New Team of Office Bearers taking over Next month, all the Verv Best and I am sure our Scheme will grow from strength to strength for the welfare of our members

Thanks once again

'Stay Together - Stay Positive -This too will Pass'

> Thanking You, Yours in IMA service - Dr. V. Madhavan Secretary, FSS, IMA TNSB

New Members joined in February	- 11	FSS I-NEW MEMBERS JOINED IN FEB. 2021	
Claims Paid in February	- 09	S# Doctor Name Age IMA Branch FS	S#
Total membership as on 28.02.2021	- 9432	1. Dr. M. Ashwin Kumar 39 Ch. NAAM 114	115
25th Premium Demand		2. Dr. Mohammed Ibrahim 39 Tirunelveli 114	16
	Account	3. Dr. D. Vignesh Kumar 45 Ch. Apollo T.L. 114	117
Members paid in February		4. Dr. G. Savitha 41 Ch. Tambaram 114	118
Members 52 x Rs. 14,000/-	Rs. 7,28,0	^{1/-} 5. Dr. Rajesh Kannan Selvam 34 Mayiladuthurai 114	119
Late fee collection (52 x 400) -	Rs. 20,8	/- 6. Dr. G. Catherine Sindhuja Alexandra 34 Mayiladuthurai 114	420
26th Premium Demand	Account	7. Dr. Sunitha Nirmal 49 Ch. Tambaram 114	121
Members paid in February		8. Dr. Mary Manjula Guvvala 47 Batlagundu 114	122
Members 1372 x Rs. 20,000/	Rs. 2,74,40,0	y- 9. Dr. S. Sri Vamsi Krishna 30 Ch. Kodambakkam 114	423
Claims paid in February 2021 (09)	Rs. 1,60,60,0	y ₋ 10. Dr. S. Karthikeyan 48 Coimbatore 114	124
ciamic paid in 1 certainly 2021 (65)	1,00,00,0	11. Dr. V. Rajesh Babu 41 Tirunelveli 114	125

Claims Paid - FEBRUARY 2021 (9 Families)

D.No Member name	Date of Joining	Date of Death	Amount
846. Dr. C. Krishnamurthy (81), Chidambaram	29.06.2006 (FSS # 5124)	28.09.2020	Rs. 18,00,000/-
847. Dr. H. Suganthi (79), Tiruchengode	16.02.2010 (FSS # 8760)	19.08.2020	Rs. 18,00,000/-
848. Dr. H.S. Kumara (77), Chennai GTPT	10.07.2005 (FSS #2474)	27.12.2020	Rs. 18,00,000/-
849. Dr. G.A. Arumugam (86), Attur	07.06.2007 (FSS # 6765)	18.01.2021	Rs. 18,00,000/-
850. Dr. S. Ravi (72), Chengalpattu	06.12.2004 (FSS # 2186)	28.12.2020	Rs. 18,00,000/-
851. Dr. T.S. Raghu (48), Sathyamangalam	12.08.2004 (FSS # 0700)	31.01.2021	Rs. 18,00,000/-
852. Dr. Mohamed Haneef (76), Pattukottai	26.08.2004 (FSS # 0882)	03.11.2020	Rs. 16,60,000/-
853. Dr. Biwajit Chakraverty (64), Chidambaram	19.08.2006 (FSS #5325)	28.11.2020	Rs. 18,00,000/-
854. Dr. M. Rangaswami (74), Erode	10.11.2004 (FSS # 1960)	11.01.2021	Rs. 18,00,000/-

To Join in FSS 1 Age Group	Non Refundable / Deposit	Fraternity Contribution De for 26th Premium (01.01.2	
Upto 30 Yrs	Rs. 3000/-	Rs. 20,000/-	Rs. 23,000/-
31 to 40 Yrs	Rs. 10,000/-	Rs. 20,000/-	Rs. 30,000/-
41 to 50 Yrs	Rs. 50,000/-	Rs. 20,000/-	Rs. 70,000/-
10% Reduction	in NRD for Newly joining men	nbers from 1st July to 31st D	December 2020

ONLY DD or ONLINE PAYMENT accepted DD in favour of "IMA TNSB FSS Advance a/c" Rs. 20,200/payable at Erode (From 1st April 2021) (for unpaid members). NO CASH / NO NEFT / No Cheque

PAYMENT MODE

DD in favour of "IMA TNSB FSS Advance a/c" Payable at Erode (OR) ONLINE PAYMENT: Online payment through FSS - I. Login in our website www.imatnsbfss.com

HOW TO LOGIN FOR ONLINE PAYMENT

Step 1 : Select FSS-I option from the different user login options in the FSS home page (www.imatnsbfss.com)

Step 2 : Click forgot password

: Dialogue box appears in that enter the FSS I number and date of birth Step 3

Step 4 : Press enter key and verify your phone number : Enter OTP which comes to your phone number Step 5

: Then in the next dialogue box enter the new password and click submit now the password got reset Step 6 : Select FSS - I option from the different user login options in the FSS home page (www.imatnsbfss.com) Step 7

> User name: FSS number Password: Whatever password you have reset

Note: Same procedure will be followed for FSS II Login also.

IMPORTANT: 26th Premium for FSS-I is Rs. 20,200/- (Till 1st April 2021) DD/ONLINE PAYMENT @ ERODE



Membership For FSS - II

New Members joined in February is **02.**Total Membership as on 28.02.2021 is **3054**Active members as on 28.02.2021 is **2948**Claims Paid in February - **01**

3rd Premium Demand

Mem. paid in Feb. 2021 20 x Rs. 12,000/- Rs. 2,40,000/- Late Fee collection (20 x 400) Rs. 8,000/- 3rd Claims paid in Februart 2021 (1) Rs. 7,51,500/-

FSS II - NEW MEMBERS JOINED IN FEB. 2021

TOO IT THE TO THE PROPERTY OF THE BUTTERS TO SEE			
S.# Doctor Name	Age	IMA Branch	FSS#
 Dr. V. Rajesh Babu 	55	Coimbatore	3054
2. Dr. Muthukumar	40	Pudukottai	3055

Claims Paid - FEBRUARY 2021 (1 Family)

	· · · · · · · · · · · · · · · · · · ·		
D.No Member name	Date of Joining	Date of Death	Amount
106. Dr. Mohammed Hane	ef (76), Pattukottai 19.06.2018 (FSS # 1	671) 12.02.2021	Rs. 7,51,500/-

ENTRY FEES (NON-REFUNDABLE DEPOSITS) Entry Fees According To Age

AMOUNT As in FSS -I
Rs. 51,000 Rs. 52,000
Rs. 53,000 Rs. 54,000 Rs. 55,000

<u>~</u>	
AGE Upto 50 years	AMOUNT As in FSS -I
56 Years	Rs. 56,000
57 Years	Rs. 57,000
58 Years	Rs. 58,000
59 Years	Rs. 59,000
60 Years	Rs. 60,000

AGE LIMIT FOR FSS – II

- Both Existing members of **FSS-I** and **New Members** can join in this Scheme.
- Age limit to join in this scheme is only 60 years for both the Existing FSS I Members and new members.
- Age denotes the completed age as per the official records, (Aadhar/Voter ID/Pancard/Driving License/Passport/School Leaving Certificate)
- Defaulters of FSS-I Scheme will not be allowed to join FSS-II, unless they give a valid reason for the default.
- The accounting year of the Scheme shall be 1st July of each year to 30th June of the following years.
- If a member failed to pay within this period the membership will be terminated after giving a registered notice with 15 days grace period.

■ Management Committee's decision is final in case of any dispute regarding membership, death Claim or deletion of defaulters.

Note:- The upper age limit to join in FSS – II is **60 years** only. (for both new & existing FSS – I Members)

First Payment only by Demand Draft in favour of "IMA TNSB FSS - II" Payable at Erode. From Second Premium onwards payment can be done by DD (or) online payment Gateway Death Fraternity Contribution Advance Amount Rs. 12,000/- per Year - for all age Groups. DD in favour of 'IMA TNSB FSS - II" payable at Erode.

"IMA TNSB FSS II Advance A/c" -Rs. 12,600/- Payable at Erode. - 3rd Premium (From 1st April)

3rd Premium (From 1st April) (only for unpaid members)

Please Enroll more members in FSS II and utilize the chance to secure your family.

Office Working Hours: 10.00 a.m to 06.00 p.m. - SUNDAY HOLIDAY

PLEASE SEND YOUR PAYMENTS & COMMUNICATIONS TO

Dr. V. MADHAVAN, Hony. Secretary, FSS of IMA TNSB, Abirami Eye Hospital, No. 37, E.V.N. Road, Erode - 638 009. Cell: 98405 37178, 93604 98113. e.mail: imatnsbfss@gmail.com, madhuerode@gmail.com



அன்புள்ள மருத்துவ நண்பர்களுக்கு,

இந்த இதழில் உங்களுக்கெல்லாம் மகிழ்ச்சியை ஏற்படுத்தக்கூடிய வகையில் இரண்டு நல்ல செய்தி களை உங்களுடன் பகிர்ந்து கொள்ளவுள்ளேன்.

முதலாவதாக, 28-02-2021 இல் குற்றாலத்தில் நடந்த PPLSSS -ன் செயற்குழுக் கூட்டத்தில் அண்மைக் காலத்தில் நுகர்வோர் பாதுகாப்புச் சட்டப் படியான வழக்குமன்றத் தீர்ப்புகளில் இழப்பீட்டுத் தொகையாக 10 இலட்சங்களுக்கு மேல் கட்டும்படி தீர்ப்புகள் வெளிவருவதால் நம்முடைய PPLSSS-ல் வழங்கப்படும் இழப்பீட்டுத் தொகையையும் உயர்த்த வேண்டுமென பல உறுப்பினர்கள் தொடர்ந்து கேட்டுக் கொண்டதையடுத்து, நம்முடைய PPLSSS இன் இழப்பீடாகக் கொடுக்கும் தொகையையும் அதிகரிக்க முடிவு செய்யப்பட்டது. அதன் அடிப் படையில் PPLSSS-ன் தலைவர் மற்றும் LEGAL ADVISOR என்ற முறையில் உறுப்பினர்களுக்கு அதிகச் சுமையை ஏற்படுத்தாமல், அதே நேரத்தில் இழப்பீட்டுத் தொகையையும் அதிகரிக்கத்தக்க ஆதாரங்கள் அடங்கிய என்னுடைய வேண்டுகோளை ஏற்று PPLSSS-ன் செயற்குழுக் கூட்டத்தில் மாநிலத் தலைவர் மருத்துவர் பி. ராமகிருஷ்ணன், முன்னாள் தலைவர்கள் மருத்துவர் சி.என். ராஜா, மருத்துவர் கனகசபாபதி மற்றும் PPLSSS -ன் முன்னாள் தலைவர் மருத்துவர் பிரகாசம், IMA-வின் செயலாளர்

ரவிக்குமார் மருத்துவர் மற்றும் அனைத்து உறுப்பினர்களும் ஏற்றுக்கொண்ட தீர்மானத்தை உங்கள் முன் வைப்பதில் மிகவும் மகிழ்ச்சி யடைகிறேன்.

- அ) புதிதாக PPLSSS இல் சேரவுள்ள உறுப் பினர்கள் ஐந்து வருடங்களுக்கு ஒருமுறை செலுத்தும் ரூபாய் 5 இலட்சத்துக்கான இழப்பீடு
- 1. GENERAL PRACTITIONER 6000 -க்குப் பதிலாக 7000 + ஜி.எஸ்.டி.
- 2. NON SURGICAL 7000 -க்குப் பதிலாக 8000 + ஜி.எஸ்.டி.
- 3. SURGICAL AND ANAESTHETIST 8000 க்குப் பதிலாக 9000 + ஜி.எஸ்.டி. செலுத்த வேண்டு மெனவும் தெரிவித்துக் கொள்கிறேன்.

மேற்கண்ட உறுப்பினர்களுக்கு இழப்பீட்டுத் தொகை ரூபாய் ஐந்து இலட்சத்திற்குப் பதிலாக, ரூபாய் பத்து இலட்சம் வழங்கப்படும் என் பதையும் மகிழ்ச்சியுடன் தெரிவித்துக் கொள்கிறேன்.

- ஆ) இதுவரை இழப்பீட்டுத் தொகையாக ரூபாய் பத்து இலட்சம் பெற்று வந்த உறுப்பினர்களின் இழப்பீட்டுத் தொகை, ரூபாய் 20 இலட்சமாக உயர்த்தப்படவுள்ளது என்பதையும், வருடங்களுக்கு ஒருமுறை புதிய உறுப்பினர்கள் கட்ட வேண்டிய கட்டணமானது,
- 1. GENERAL PRACTITIONER உறுப்பினர்கள்

செலுத்தி வரும் 11,000க்குப் பதிலாக 13,000 + ஜி.எஸ்.டி. செலுத்த வேண்டும்.

- 2. NON SURGICAL உறுப்பினர்கள் செலுத்தி வரும் 13,000 -க்குப் பதிலாக 15,000 + ஜி.எஸ்.டி.
- 3. SURGICAL AND ANAESTHETIST உறுப்பினர்கள் செலுத்தி வரும் 15,000 க்குப் பதிலாக 17,000 + ஜி.எஸ்.டி. செலுத்த வேண்டுமெனவும் தெரிவித்துக் கொள்கிறேன்.

மேற்கண்ட கட்டணங்களைச் செலுத்தி இழப் பீட்டுத் தொகையாக ரூபாய் 20 இலட்சம் வரை அவர்கள் பெறலாம் என்பதை மகிழ்ச்சியுடன் தெரிவித்துக் கொள்கிறேன்.

- இ) முன்பே உறுப்பினர்களாக உள்ள PPLSSS -ன் உறுப்பினர்கள்
- 1. GENERAL PRACTITIONER உறுப்பினர்கள் 1,000 + ஜி.எஸ்.டி. யும்,
- 2. NON SURGICAL உறுப்பினர்கள் 1,000 + ஜி.எஸ்.டி. யும்
- 3. SURGICAL AND ANAESTHETIST உறுப்பினர்கள் 1,000 + ஜி.எஸ்.டி. யும் PPLSSS இன் அலுவலகத் திற்குச் செலுத்தி தாங்கள் பெறப்போகும் இழப்பீட்டுத் தொகையை ரூபாய் பத்து இலட்சமாக உடனே உயர்த்த 01-04-2021க்கு மேல் கட்டணத்தை செலுத்தும்படி கேட்டுக் கொள்கிறேன்.
- ஈ) PPLSSS இல் ரூபாய் பத்து இலட்சம் இழப்பீட்டுத் தொகையைப் பெற இதுவரை
- 1) ரூபாய் 10,000 செலுத்தியுள்ள GENERAL PRACTITIONER உறுப்பினர்கள் ரூபாய் 2,000 + ஜி.எஸ்.டி. செலுத்த வேண்டுமெனவும்,
- 2) ரூபாய் 12,000 செலுத்தியுள்ள NON SURGICAL உறுப்பினர்கள் ரூபாய் 2,000 + ஜி.எஸ்.டி. செலுத்த வேண்டுமெனவும்,
- 3) SURGICAL AND ANAESTHETIST இதுவரை கட்டியுள்ள தொகை 14,000 யுடன் ரூபாய் 2000 + ஜி.எஸ்.டி. செலுத்த வேண்டுமெனவும் தெரிவித்துக் கொள்கிறேன்.

மேற்கண்ட உறுப்பினர்கள் சார்பாக இதுவரை வழக்குகளுக்குக் கொடுக்கப்பட்டு வந்த இழப்பீட்டுத் தொகை ரூபாய் 10 இலட்சம் இனிமேல் ரூபாய் 20 இலட்சமாக உயர்த்தப்படும் என்பதையும் தெரி வித்துக் கொள்கிறேன்.

உ) 21-03-2021 இல் கோபியில் நடக்கவுள்ள பொதுக்குழு கூட்டத்தில் இந்தத் தீர்மானம் என்று முதல் நடைமுறைக்கு வருமென்பது முடிவு செய்யப் பட்டு, உறுப்பினர்களுக்கு உடனே தெரிவிக்கப்படும் என்பதையும் தெரிவித்துக் கொள்கிறேன். மேற்கண்ட ஒரு நற்செய்திக்குப் பின் மீண்டும் ஒரு நற்செய்தியை உங்களுடன் பகிர்ந்து கொள்வதில் மகிழ்ச்சியடைகிறேன்.

- அ) பாராளுமன்றத்தில் நிறைவேற்றப்பட்ட தீர்மானத்தின்படி, நுகர்வோர் பாதுகாப்புச் சட்டத்தி லிருந்து மருத்துவத்துறை முழுமையாக நீக்கப்பட்டு விட்டதாக பாராளுமன்றத்திலும், ஊடகங்களிலும் அறிவிக்கப்பட்டாலும், EXCLUSION LIST-ல் வர வில்லை என்ற ஒரே காரணத்திற்காக நீதித்துறை யினர் இன்றுவரை மருத்துவர்களுக்கு எதிராக, நுகர்வோர் பாதுகாப்புச் சட்டப்படி தீர்ப்புகளை வழங்கு வதும், பல வழக்கறிஞர்கள் மருத்துவர்களுக்கு எதிராக நுகர்வோர் பாதுகாப்புச் சட்டப்படி நோட்டீஸ்களை அனுப்புவதும் அன்றாட வழக்கமாகிவிட்டது.
- ஆ) சென்ற மாதம் 15-02-2021 முதல் இந்தக் கடிதம் எழுதும் 16-03-2021 இன்றுவரை 15 வழக்கறிஞர்கள் நோட்டீஸ்களையும், 4 வழக்குமன்ற நோட்டீஸ்களையும் நம் உறுப்பினர்கள் பெற்றுள் ளார்கள் என்பதைத் தெரிவித்துக் கொள்கிறேன்.
- இ) இந்த அவலத்தை எப்படியாவது நீக்க வேண்டுமென நம் தேசியத் தலைவர் மருத்துவர் J.A. ஜெயலால் அவர்களிடம் தெரிவித்ததைத் தொடர்ந்து, அவர் என் வேண்டுகோளை ஏற்று, பிரச்சினைக்குத் தீர்வுபெற நல்ல தீர்ப்பைப் பெற உச்ச நீதிமன்றத்திற்கு செல்லலாமென்ற என் வேண்டுகோளை அவரும் முழுமையாக ஏற்றுக்கொண்டார் என்பதையும், அதற்கான பணிகளைத் தொடங்கிவிட்டோம் என்பதையும், இன்னும் இரு வாரங்களில் நாம் உச்ச நீதிமன்றத்திலும், பாராளுமன்றத்திலும் நிறைவேற் றப்பட்ட சட்டத்தை நடைமுறைப்படுத்தும்படி உச்ச நீதிமன்றத்தை அணுகவுள்ளதாக தலைவர் மருத்து வர் J.A. ஜெயலால் உறுதியளித்தார் என்பதையும் மகிழ்ச்சியுடன் தெரிவித்துக் கொள்கிறேன்.
- ஈ) தலைவர் மருத்துவர் J.A. ஜெயலால் அவர்கள் தலைமையில் மிக்ஸோபதியை எதிர்த்து உச்ச நீதிமன்றத்தில் தாக்கல் செய்யப்பட்ட வழக்கு, 15-03-2021 அன்று விசாரணைக்கு எடுத்துக்கொள்ளப் பட்டு, அந்தத் துறைக்கு விளக்கம் கேட்டு நோட்டீசும் அனுப்பப்பட்டு விட்டது என்ற செய்தியை தங்களுடன் பகிர்ந்து கொள்வதில் மகிழ்ச்சியடைகிறேன்.

PPLSSS-ன் உறுப்பினர்கள் அனைவரும் நாம் எடுக்கவுள்ள புது முயற்சிக்கு ஊக்கமளிக்கும் வகையில் புதிய கட்டணத்திற்குச் செலுத்த வேண்டிய பாக்கித் தொகையை உடனே செலுத்தி, இழப்பீட்டுத் தொகையை அதிகரிக்க முழு ஒத்துழைப்பு கொடுக்கும்படி கேட்டுக் கொள்வதுடன், PPLSSS-ல் மேலும் பல புதிய உறுப்பினர்களைச் சேர்க்க வேண்டுமெனவும் வேண்டுகிறேன்.

PROFESSIONAL PROTECTION LINKED SOCIAL SECURITY SCHEME OF IMA TN

Dr. S. NEHRU
Secretary
PPLSSS of IMA TNSB
Ph:04151224176
9443229176
drsnehru@yahoo.in





Dr. E. KUMARESAN *Treasurer*PPLSSS of IMA TN
Ph:04151 224795
9444327795
kumsvetri9@gmail.com

Respected Senior IMA leaders and my dear friends, Greetings from Dr.S.Nehru

With our PPLSSS Chairman Dr.K.Thangamuthu's abled guidance, we have raised the compensation amount to 10 lakhs from 5 lakhs and 20 lakhs from 10 lakhs but with minimal raise in the subscription, It is a golden chance to our PPLSSS members. Because, nowadays the litigation among the doctors are high and the compensation amount also has been raised. In this crucial situation, we have raised the compensation amount, only for the benefit of our PPLSSS members. In this regard, it will be announced in the oncoming General Body meeting.

During my tenure, last year, we were facing medical disaster caused by COVID-19. Amid this situation, we successfully ran the office administration with the expert guidance of our senior IMA leaders, IMA President and our Past presidents of IMA and all the district coordinators

During the period of our teamwork

Total no of legal replies given 1. 114 2.. 35 Court cases 3. Lawyer fees Paid Rs 32,55,190/-= 4. FBS Mediclaimgiven to 146 members Rs 58,15,984/-= 5. Death claim given to 31 deceased members = Rs 11,70,000/-

I thank all the IMA and PPLSSS members for your valuable support to run this office smoothly and effectively.



With warm regards, Dr.S.Nehru

Annual General Body Meeting will be held on 21.3.2021 at 3.30 pm in Erode, at the Texvalley.

PPLSSS NEW MEMBERS SUBSCRIPTION (Block of Five years)			
Category	Compensation 5 Lakhs	Compensation 10 Lakhs	
	per block of 5 years per block of 5 years		
GENERAL PRACTITIONER	Rs. 6,000 + 1,080 = 7,080/-	Rs. 11,000 + 1,980 = 12,980/-	
NON – SURGICAL	Rs. 7,000 + 1,260 = 8,260/-	Rs. 13,000 + 2,340 = 15,340/-	
SURGICAL ANAESTHETIST Rs. 8,000 + 1,440 = 9,440/- Rs. 15,000 + 2,700 = 17,700/-			
NOTE CI. 4 A A III I I I I OF COT			

NOTE: Subscription Amount which includes 18% GST

Only Demand Draft should be send in the name of "PPLSSS of IMA TN" Payable at Kallakurichi

PPLSSS RENEWAL MEMBERS - BONUS COMPUTATION SUBSCRIPTION (Block of Five years) may attract additionally GST 18% as per GST Act 2017 Compensation 5 Lakhs Compensation 10 Lakhs Category per block of 5 years per block of 5 years GENERAL PRACTITIONER Rs. 5,000 + 900 = 5,900/Rs. 10,000 + 1,800 = 11,800/-NON - SURGICAL Rs. 6.000 + 1.080 = 7.080/-Rs. 12.000 + 2.160 = 14.160/-SURGICALANAESTHETIST Rs. 7,000 + 1,260 = 8,260/Rs. 14,000 + 2,520 = 16,520/-NOTE: Subscription Amount which includes 18% GST Only Demand Draft should be send in the name of 'PPLSSS OF IMA TN Renewal A/C' Payable at Kallakurichi

FBS NEW & RENEWAL - Bonus Computation

REVISED FBS SUBSCRIPTION (for a block of 1 year)

May attract additionally GST 18% as per GST Act 2017

AGE	ANNUALFEE	LESS BONUS - Rs. 500 (Renewal)
Upto 45 years	Rs. $3,500 + 630 = 4,130/$ -	Rs. $3,000 + 540 = 3,540/$
46 - 55 years	Rs. $4,500 + 810 = 5,310/$ -	Rs. $4,000 + 720 = 4,720$ /-
56 - 65 years	Rs. $5,500 + 990 = 6,490/$ -	Rs. $5,000 + 900 = 5,900$ /-
66 - 70 years	Rs. $6,000 + 1,080 = 7,080$ /-	Rs. $5,500 + 990 = 6,490/$
71 - 75 years	Rs. $6,500 + 1,170 = 7,670$ /-	Rs. $6,000 + 1,080 = 7,080$ /-
76 - 80 years	Rs. $7,000 + 1,260 = 8,260/$	Rs. $6,500 + 1,170 = 7,670/$

NOTE: Subcription Amount which includes 18% GST

BONUS APPLICABLE ONLY FOR 'NO CLAIM SUBCRIBERS'

Only Demand Draft should be send in the name of 'FBS of PPLSSS of IMA Tamilnadu' Payable at Kallakurichi

Payment Mode: DD only Accepted. DD should be send to the following address: Dr. S. NEHRU, Hony.Secretary, PPLSSS of IMA TN.

Hi - Tech Eye Care Hospital, 25/A, Chekkumettur Street, Kallakurichi - 606 202. Villupuram District.

Ph: 04151 - 224176, 94872 72627. Email: secretarypplsss@gmail.com For Case related enquires contact Secretary: 94872 72627.

Other enquiries contact PPLSSS office: 04151 - 224176

n 14.03.2021 IMA Tirupur celebrated World Women's Day at IMA Hall, Tirupur. IMA Women Doctors and Hospital Staffs along with various organization donated Hairs for Cancer Survivors. It is proud moment that IMA Tirupur Branch

achieved a unique three world Records on 14.03.2021.

UNIVERSAL BOOK OF RECORDS WORLD RECORD IMA TIRUPUR BRANCH



ONE: IMA Tirupur Branch broken the old World Record of 500 people having donated their Hair for Cancer Patients, now they have created a NEW WORLD RECORD OF 1113 (most) people donating their hairs for Cancer Patients.

TWO: IMA Tirupur Branch broken the previous record of Total Weight of 53 kg Hair donation to 78.2 kg Weight of Hair Donation.

THREE: IMA Tirupur Branch created a new record of creating the logo of Cancer Ribbon using the collected Human Hairs.

Jury of UNIVERSAL BOOK OF RECORDS" presented WORLD RECORD CERTIFICATE – to IMA Tirupur Branch & our IMA National President Dr. J.A. Jayalal received it, in the

presence of IMA State Secretary Dr. A.K. Ravikumar, IMA Past National Vice President Dr. A. Muruganathan, West Zone IMA State Vice President Dr. T.P. Mallika and IMA Paramedical Wing Chairman Dr. P. Senguttuvan.

- IMA Tirupur Branch donated wigs for Cancer Patients. The patient received the wigs were happy and thanked the IMA.
- Cancer Screening for Women Doctors / Family Members. Pap smear, Ultrasound screening of Breast were also done.
- IMA Tirupur honoured the Women Doctors in difference categories like Social Service, Rural Service, Corporate Service, Government Service etc.
- Cultural events by kids fascinating & refreshing were also done.

IMA TNSB congrates
IMA Tirupur Branch office
bearers and members for
their WORLD RECORD.



IMA Tamilnadu Academic Cell

IMA TNSB is conducting the Online Courses for the members of IMA. Interested and eligible members can apply and utilise the opportunity of online classes. Necessary certificates will be issued by IMA TNSB. These courses are conducted to empower Practitioners to deliver evidence based medicine to the community, also to acquire more knowledge & cannot be displayed in the Name Board or registered in Medical Council.

ONLINE COURSES

MENTAL HEALTH

Course Coordinator: Dr. R. Anburajan **Course Fee**: Rs. 25,000/- **Duration**: 6 Months.

Terms: Six modules on Alternate weeks through online.

Practical at Sneka Mine Care Centre, Tirunelveli and online classes weekly **Final Exam:** Theory / Viva. **Eligibility:** IMA & CGP Life members

DIABETIC FOOT CARE

Course Co-ordinator: Dr. A.K. Ravikumar Course Fee: Rs. 25,000/- Duration: 6 Months. Eligibility: IMA & CGP Members. Course Conducted on Alternate weeks through online / Contact Class at the end of the Course. Interested person apply immediately.

PRACTICAL CARDIOLOGY Course Co-ordinator: Prof. Dr. J.S. Bhuvaneswaran &

Prof. Dr. G. Rajendran

Duration: 6 Months.

Alternate weeks / hands on training

Final Exam: Theory / Vive. Eligibility: IMA

Life Members / CGP Members

Interested person join immediately.

DIABETOLOGY

Course Co-ordinator: Dr. N. Bhavatharani
Course Fee: Rs. 25,000/- Duration: 6 Months.
Terms: Online Classes 2 days in a week
Final Exam: Theory, Project & Viva.
Eligibility: IMA Life Members / CGP Members
Interested person to join immediately.

For further details contact: Dr. A. Govindarajan, CGP Director of Studies - Cell: 94434 37826, Dr. R. Anburajan, CGP Faculty Secretary - Cell: 94426 12138. Contact IMA State office Cell # 90871 80123 or email: imatamilnadu@gmail.com. Application forms available in www.imatn.com. DD in favour of 'IMA TAMILNADU ACADEMIC CELL', payable at 'CHENNAI'.

MATRIMONIAL

DOCTOR BRIDE GROOM WANTED

Qualification: M.S. Ortho., Rasi: Rishapam
Natchatram: Krithigai Complexion: Fair & Slim

Parents: Both are Doctors – Own Nursing Home Community: Pillai / Mudaliar / Subdivision OK Contact: 94431 – 67170 & 94422 - 51122

PPLSSS RENEWAL - INTIMATION FROM 01.04.2021 TO 30.04.2021

S.No.			Renewal Date	35.	Dr. Raja Elavarasan D.	11497	22.04.2021
1.	AMBATTUR - AV Dr. Balamurugan R.	11482	11.04.2021	36.	Dr. Vijayaragavan T. COURTALLA	9341 M	27.04.2021
	ARIYALUR			37.	Dr. Mohideen Ahmed A.	3238	15.04.2021
2.	Dr. Chinnasamy M.	9310	06.04.2021	38.	Dr. Pratheema K.	9337	26.04.2021
3.	Dr. Sathish F.	9311	06.04.2021	39.	Dr. Sreevidhya V.	9343	28.04.2021
4.	Dr. Senthilnathan V.	9330	25.04.2021		CUDDALOR		
5.	Dr. Anu Maithrayee K.	9331	25.04.2021	40.	Dr. Sulochana D.	7089	18.04.2021
	CHENGALPAT			٠٠٠.	DINDIGUL	7000	10.04.2021
6.	Dr. Manikandan R.N.	9284	05.04.2021	41.	Dr. Vadivel B.	6321	23.04.2021
٠.	CHENNAI KODAMB			42.	Dr. Vimala R.	6322	23.04.2021
7.	Dr. Rajan R.P.	3234	15.04.2021	72.	ERODE	0022	20.04.2021
	CHENNAINAA			43.	Dr. Attiyannan K.	654	04.04.2021
8.	Dr. Hema Vijayalakshmi V		16.04.2021	44.	Dr. Shanthi Murugesan	6295	05.04.2021
9.	Dr. Raghu P.B.	3254	26.04.2021	44. 45.	Dr. Anandkumar S.	6303	07.04.2021
٥.	CHENNAIPERAN		20.01.2021				
10.	Dr. David Mani Nesan A.		10.04.2021	46.	Dr. Aravind Kumar K.	11478	07.04.2021
	CHENNAI PILLAR		10.01.2021	47.	Dr. Balasubramani K.	11479	07.04.2021
11.	Dr. Sujatha R.	11487	17.04.2021	48.	Dr. Shanker Narayan N.P		16.04.2021
	CHENNAISOU		17.04.2021	49.	Dr. Tamilselvi K.	9316	17.04.2021
12.	Dr. Ramachandran Viswan		23-20 04 2021	50.	Dr. Sethupathy T.	9317	17.04.2021
12.	CHENNAI TAMBA		20-20.04.2021	51.	Dr. John Basker Arthur	3107	26.04.2021
13.	Dr. Poorani V.N.	6145	01.04.2021	52.	Dr. Hemalatha Arthur	3108	26.04.2021
14.	Dr. Manoharan M.	9307	01.04.2021	53.	Dr. Rajasekaran K.	9338	26.04.2021
15.	Dr. Mythili Prathap	11468	03.04.2021		KANCHIPURA		
16.	Dr. Sree Prathap M.	11469	03.04.2021	54.	Dr. Priya Pillay	11491	19.04.2021
17.	Dr. Elavazhagan N.	5418	05.04.2021		KANYAKUMA		
18.	Dr. Ashok Kumar C.R.	11488	17.04.2021	55.	Dr. Sutha Vassan	11484	14.04.2021
10.	CHENNAITEYNA		17.04.2021	56.	Dr. Srinivasan M.	11485	14.04.2021
19.	Dr. Sundareswaran S.	11483	12.04.2021		KARUR		
10.	CHENNAI VELAC		12.07.2021	57.	Dr. Geetha V.	6106	22.04.2021
20.	Dr. Piramanayagam P.	11495	22.04.2021		KRISHNAGIF	₹	
20.	CHETTINAD		22.04.2021	58.	Dr. Paramasivan P.	3213	20.04.2021
21.	Dr. Balasubramania Guhai		14.04.2021		KUMBAKONA		
22.	Dr. Manimekalai AL.	6315	14.04.2021	59.	Dr. Vasantha Ramamurthi	S.3253	26.04.2021
22.	CHIDAMBARA		14.04.2021		LALGUDI		
23.	Dr. Mirunalini S.	11465	01.04.2021	60.	Dr. Pitchai Rathnam M.	6307	07.04.2021
24.	Dr. Saravana Kumar P.	11466	01.04.2021	61.	Dr. Chezhian P.	757	10.04.2021
۷٦.	COIMBATOR		01.04.2021	62.	Dr. Vijaya Prabha K.	799	10.04.2021
25.	Dr. Sekar V.	1731	01.04.2021		MADURAI		
26.	Dr. Paramasivan N.	6287	01.04.2021	63.	Dr. Maheswaran C.	9305	05.04.2021
27.	Dr. Sangeetha N.	11480	10.04.2021	64.	Dr. Ramasubramanian C.	6302	07.04.2021
28.	Dr. Dhandapani D.	3233	15.04.2021	65.	Dr. Althab B.	2911	14.04.2021
29.	Dr. Narayana Moorthy R.	9318	17.04.2021	66.	Dr. Kishore R.	6146	14.04.2021
30.	Dr. Bhuvaneswari P.	9319	17.04.2021	67.	Dr. Venkatesh T.S.	6323	20.04.2021
31.	Dr. Nithin Keshav S.	11490	19.04.2021	68.	Dr. Rajendran P.	9333	25.04.2021
32.	Dr. Mangalakumar V.	11492	19.04.2021	69.	Dr. Pandian A.	9334	25.04.2021
33.	Dr. Praveen Bhardwaj	11494	21.04.2021	70.	Dr. Justin C.	6301	27.04.2021
34.	Dr. Sumithra P.	11496	22.04.2021	71.	Dr. Geetha T.	6291	29.04.2021
J	••						

72.	MARTHAND Dr. Nagammal N.	AM 2135	12.04.2021	99. 100.	Dr. Deepa M. Dr. Suresh Kannan K.	11502 11503	27.04.2021 27.04.2021	
73.	Dr. Jayalal J.A.	1479	19.04.2021		SATHYAMANG	ALAM		
	MAYILADUTH			101.	Dr. Chinnaswamy R.	9346	28.04.2021	
74.	Dr. Alex Francis Co Nich	olas9339	27.04.2021		THIRUVOTTIYUR -	-		
	MELUR				Dr. Santhi Latha H.	11493	21.04.2021	
75.	Dr. Amuthakalavalli P.	3222	18.04.2021	1	Dr. Balakrishnan P.	9326	25.04.2021	
	NAGAPATTIN			104.	Dr. Gnanasoundari B.	9327	25.04.2021	
76.	Dr. Thilagam K.	3246	18.04.2021		TINDIVANA			
	NAGERCO			105.	Dr. Rajendran R.	6141	17.04.2021	
77.	Dr. Sethu Ram A.	9308	04.04.2021		TIRUCHIRAPA			
	NAMAKKA			1	Dr. Chandran K.	3006	05.04.2021	
78.	Dr. Mekala S.	11470	03.04.2021	1	Dr. Chidambaram M.V.	9320	18.04.2021	
79.	Dr. Kumaresan R.	11471	03.04.2021	1	Dr. Nelson Jesudasen	9324	24.04.2021	
80.	Dr. Sivakumar P.	11472	06.04.2021		Dr. Ramola	9325	24.04.2021	
81.	Dr. Arul Sruthi M.	11473	06.04.2021		Dr. John Karuppiah J.	2872	25.04.2021	
82.	Dr. Kannan D.	11474	06.04.2021		Dr. Ananth J.	9347	28.04.2021	
83.	Dr. Chitra N.	11477	07.04.2021	112.	Dr. Aarthy S.	9348	28.04.2021	
84.	Dr. Saravana Rajamanick				TIRUNELVELI			
85.	Dr. Deepthi Mishra	11501	26.04.2021	113.	Dr. Dilshath Meera A.	11475	06.04.2021	
	PARAMATHI VI			1	Dr. Larif A.	11476	06.04.2021	
86.	Dr. Angappan K.	9314	08.04.2021	115.	Dr. Lawrence Wesley Selvaku	ımar J. 9313	08.04.2021	
	PERAMBAL	UR		116.	Dr. Amutha Rani R.	6186	20.04.2021	
87.	Dr. Selvarasu N.	3248	26.04.2021	117.	Dr. Manoharan T.	11498	22.04.2021	
	POLLACH	I		118.	Dr. Patchirajan M.	9336	26.04.2021	
88.	Dr. Prema Latha P.	3247	20.04.2021		TIRUTHURAIP			
	POONAMALLEE HI	GH ROAD		119.	Dr. Sivakumar T.	3087	30.04.2021	
89.	Dr. Balaji R.	11467	01.04.2021		TIRUVANNAM			
90.	Dr. Aswin Kumar R.	11481	11.04.2021		Dr. Mohana Sundaram P.	6299	07.04.2021	
91.	Dr. Sendil Murukan M.	11486	15.04.2021	121.	Dr. Selvakumar M.	11499	24.04.2021	
92.	Dr. Viajayakumari T.	6317	18.04.2021		UDUMALPE	Τ		
	PUDUKOTT			122.	Dr. Karthikeyan K.	9340	27.04.2021	
93.	Dr. Senthamilselvi S.	6288	01.04.2021		VILLUPURA	M		
94.	Dr. Jaisingh	9315	20.04.2021	123.	Dr. Palani Raj P.K.	3242	18.04.2021	
	RAMANATHAP	JRAM		124.	Dr. Balasubramanian S.	9322	20.04.2021	
95.	Dr. Bharani Kumar R.	11489	17.04.2021	125.	Dr. Vetrivel S.	3249	24.04.2021	
96.	Dr. Thirumalai Velu C.	3243	18.04.2021		VIRUDHUNAC	GAR		
97.	Dr. Eswari K.	3244	18.04.2021	126.	Dr. Radha Lakshmi G.R.	6293	02.04.2021	
	SALEM			127.	Dr. Mary Jenova C.	3235	15.04.2021	
98.	Dr. Jayabal B.	9321	19.04.2021	128.		9335	26.04.2021	

FBS RENEWAL - INTIMATION FROM 01.04.2021 TO 30.04.2021

: No. 0210 112022 10 0010 112022							
Doctor Name		Renewal Date	5.	Dr. Anandhan P.	1521	06.04.2021	
ARIYA	LUR		CHIDAMBARAM				
	1538	25.04.2021	6.	V. 112.1 111.2.1 11	1397	26.04.2021	
***************************************				COIMBATORE			
Dr. Balakrishnan D.	1167	09.04.2021	_			05 04 0004	
CHENNALKOD	AMBAKKAM		1.	Dr. Mani C.S.	1195	05.04.2021	
****		20.04.2021	8.		1196	05.04.2021	
CHENNALTA	MBARAM		CUMBUM VALLEY				
		04.04.2021	9.	Dr. Pandian V.	559	25.04.2021	
	ARIYA Dr. Senthilnathan V. CHENNAI C Dr. Balakrishnan D. CHENNAI KOD Dr. Kamalakannan R. CHENNAI TA	ARIYALUR Dr. Senthilnathan V. 1538 CHENNAI CENTRAL Dr. Balakrishnan D. 1167 CHENNAI KODAMBAKKAM Dr. Kamalakannan R. 748 CHENNAI TAMBARAM	ARIYALUR Dr. Senthilnathan V. 1538 25.04.2021 CHENNAI CENTRAL Dr. Balakrishnan D. 1167 09.04.2021 CHENNAI KODAMBAKKAM Dr. Kamalakannan R. 748 20.04.2021 CHENNAI TAMBARAM	ARIYALUR Dr. Senthilnathan V. 1538 25.04.2021 6. CHENNAI CENTRAL Dr. Balakrishnan D. 1167 09.04.2021 7. CHENNAI KODAMBAKKAM Dr. Kamalakannan R. 748 20.04.2021 8. CHENNAI TAMBARAM	ARIYALUR Dr. Senthilnathan V. 1538 25.04.2021 CHENNAI CENTRAL Dr. Balakrishnan D. 1167 09.04.2021 CHENNAI KODAMBAKKAM Dr. Kamalakannan R. 748 20.04.2021 CHENNAI TAMBARAM CHENNAI TAMBARAM CHIDAMBAF 6. Dr. Balachandran C.S. COIMBATO 7. Dr. Mani C.S. 8. Dr. Kamini CUMBUM VA	ARIYALUR Dr. Senthilnathan V. 1538 25.04.2021 CHENNAI CENTRAL Dr. Balakrishnan D. 1167 09.04.2021 CHENNAI KODAMBAKKAM Dr. Kamalakannan R. 748 20.04.2021 CHENNAI TAMBARAM CHENNAI TAMBARAM CHENNAI TAMBARAM Solit Antantina Tr. 1021 CHIDAMBARAM 6. Dr. Balachandran C.S. 1397 COIMBATORE 7. Dr. Mani C.S. 1195 8. Dr. Kamini 1196 CUMBUM VALLEY	

	DINDIGUL			PATTUKOTTAI			
10.		1761	15.04.2021	23.	Dr. Gladys A.	944	28.04.2021
	ERODE				rajapalaya	M	
11.		761	26.04.2021	24.	Dr. Jeyaram A.	1783	06.04.2021
	HARUR UTHANG			SALEM			
12.	. ,	955	08.04.2021	25.	Dr. Manivannan P.	1857	09.04.2021
	KANCHIPURA				THANJAVUR	2	
13.	• • • • •	299	13.04.2021	26.		543	19.04.2021
	KARUR				TIRUCHIRAPAI	LLI	
14.	,	1781	03.04.2021	27.			04.04.2021
4=	KRISHNAGII		00.04.0004	28.	Dr. Vikram M.	1486	04.04.2021
	Dr. Raja Gopalan K.B.	1707	02.04.2021	29.	Dr. Ratnam P.R.	1622	09.04.2021
16.	Dr. Geetha Rani K.	1708	02.04.2021	30.	Dr. Rajasekaran M.	995	13.04.2021
47	KUMBAKONA		10.01.0001	31.	Dr. Kalamani S.M.	1762	19.04.2021
17.		1459	13.04.2021	32.	Dr. Philip Aloysius Thomas		23.04.2021
40	MADURAI	400	00 04 0004	02.	TUTICORIN	3 124	20.04.2021
18.		420	26.04.2021	33.		1415	13.04.2021
10	MARTHANDA		00 04 0004	33.	VANDAVASI		13.04.2021
19.	Dr. Jayalal J.A.	1858	08.04.2021	24		1475	12 04 2021
00	MAYILADUTHU		00 04 0004	34.	Dr. Prabhu S.		13.04.2021
20.	Dr. Selvam R.	1535	06.04.2021	0.5	VILLUPURAN	-	00 04 0004
04	MUSIRI KULITH		15 04 0004	35.	Dr. Subramanian V.	409	23.04.2021
21.		1199	15.04.2021		VIRUDHUNAG		
22.	Dr. Kaliyaperumal R.	1012	21.04.2021	36.	Dr. Nagarajan K.S.	128	24.04.2021

HPS RENEWAL - INTIMATION

FROM 01.04.2021 TO 30.04.2021

S.No.	Hospital Name	Member Code	Renewal Date	Branch
1.	Swathi Fertility Centre	1295	15.04.2021	Ambattur - Avadi
2.	K.V.S. Hospital Ariyalur Private Limited	751	24.04.2021	Ariyalur
3.	Hirachand Chordia Eye Hospital	1294	08.04.2021	Chennai GTPT
4.	Raju Hospitals Pvt Ltd	1026	12.04.2021	Chennai Kodambakkam
5.	Anuradha Maternity Centre	812	19.04.2021	Chennai South
6.	Velachery K.S. Hospital	356	02.04.2021	Chennai Velachery
7.	Lakshmi Nursing Home	814	27.04.2021	Chettinad
8.	Preethi Medical Centre and Hospital	1033	10.04.2021	Coimbatore
9.	Rama Prasad Multi Speciality Hospital	1036	20.04.2021	Erode
10.	Arogya Seva Hospitals Pvt Limited	1037	23.04.2021	Hosur
11.	S.S. Heart & Skin Care Hospital	1022	17.04.2021	Kallakurichi
12.	Arun Hospital	795	15.04.2021	Krishnagiri
13.	Roy's Heart Foundation & General Hospital	1293	04.04.2021	Poonamallee High Road
14.	Bharathi Hospital	1038	26.04.2021	Rajapalayam
15.	Appusami Hospital	357	02.04.2021	Salem
16.	R.P.S. Hospital	350	19.04.2021	Salem
17.	Keerthana Hospital (P) Ltd.	211	17.04.2021	Thanjavur
18.	K.G. Hospital	661	17.04.2021	Tirunelveli
19.	Sri Ganesh Sankar Hospitals	663	23.04.2021	Tirunelveli
20.	M.J. Orthocare	1035	20.04.2021	Tiruvallur

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International Womens Day Celebration at Tirupur on 14.03.2021































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