

Most Urgent / Top priority:
R.No. 028679/MCH 3/A2/2020

Office of the Director of Public
Health and Preventive Medicine,
Chennai-6. Dated: 23.04.2020.

Sub: Public Health and Preventive Medicine - Guidance for COVID-19 testing for pregnant mother in High Risk areas - certain instructions as per ICMR strategy - compliance requested - reg.

Ref: Strategy for COVID-19 testing for pregnant mother in India (Version 1 dated 20.04.2020) from Indian Council of Medical Research, Department of Health Research, GoI.

As per the above reference cited, COVID-19 testing for pregnant mothers in High Risk areas should be done as per the testing strategy of ICMR.

All Pregnant mothers residing in the following high risk areas presenting in labour or likely to deliver in next five days (prior to their Expected Date of Delivery-EDD) should be subjected to COVID-19 (RTPCR) testing, even if asymptomatic.

- ✓ Clusters / Containment area / Buffer Zone
 - ✓ Large Migration gatherings viz: Construction sites, Brick Kiln chambers, Slum with migration.
 - ✓ Refugees Camps
 - ✓ Nomads
- Sample should be taken for all such Pregnant mothers in the nearby health facilities (HSC/ PHC/ UPHC/ CEmONC Centre)
 - The above mothers should be picked up through JSSK /SBGF / RBSK / HoW/ any other vehicle in PHC from home to the nearby health facility and dropped back to their home.
 - All arrangements should be made to collect and transfer samples to the designated COVID-19 testing Laboratories on priority basis.

All the Deputy Director of Health Services are instructed to bestow their personal attention for effective monitoring of COVID-19 testing strategy among Antenatal mothers in their respective Health Unit Districts.

S. Koondaswamy,
Director of Public Health and
Preventive Medicine, Chennai-6

All the Deputy Director of Health Services.

(P.T.O)

private hospitals can get
the test done at testing
centers and conduct
delivery in their hospitals